

**Ten Ten Relationships & Sex Education
Overview**

Core Theme	Module 1: Created & Loved by God				Module 2: Created to Love Others			Module 3: Created to Live in Community	
Topic	Unit 1 Religious Understanding	Unit 2 Me, my body, my health	Unit 3 Emotional Well-being	Unit 4 Life cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
EYFS	<ul style="list-style-type: none"> ➤ Story sessions: Handmade with Love 	<ul style="list-style-type: none"> ➤ Session 1: I Am Me ➤ Session 2: Heads, Shoulders, Knees and Toes ➤ Session 3: Ready Teddy? 	<ul style="list-style-type: none"> ➤ Session 1: I Like, You Like, We All Like ➤ Session 2: Good Feelings, Bad Feelings ➤ Session 3: Let's Get Real 	<ul style="list-style-type: none"> ➤ Session 1: Growing Up 	<ul style="list-style-type: none"> ➤ Session 1: Role Model 	<ul style="list-style-type: none"> ➤ Session 1: Who's Who? ➤ Session 2: You've Got a Friend in Me ➤ Session 3: Forever Friends 	<ul style="list-style-type: none"> ➤ Session 1: Safe Inside and Out ➤ Session 2: My Body, My Rules ➤ Session 3: Feeling Poorly ➤ Session 4: People Who Help Us 	<ul style="list-style-type: none"> ➤ Session 1: God is Love ➤ Session 2: Loving God, Loving Others 	<ul style="list-style-type: none"> ➤ Session 1: Me, You, Us
Yr1	<ul style="list-style-type: none"> ➤ Story sessions: Let the Children Come or Kester's Adventures 	<ul style="list-style-type: none"> ➤ Session 1: I am Unique ➤ Session 2: Girls & Boys ➤ Session 3: Clean & Healthy (Updated for 2020) ➤ Session 4: Clean & Healthy (2) 			<ul style="list-style-type: none"> ➤ Session 1: God Loves You 	<ul style="list-style-type: none"> ➤ Session 1: Special People ➤ Session 2: Treat People Well ➤ Session 3: and say sorry 		<ul style="list-style-type: none"> ➤ Session 1: Three in One ➤ Session 2: who is My Neighbour? 	<ul style="list-style-type: none"> ➤ Session 1: The Communities we Live In
Yr2			<ul style="list-style-type: none"> ➤ Session 1: Feelings, Likes & Dislikes ➤ Session 2: Feeling Inside Out ➤ Session 3: Super Susie Gets Angry 	<ul style="list-style-type: none"> ➤ Session 1: The Cycle of Life (Updated for 2020) 			<ul style="list-style-type: none"> ➤ Session 1: Being Safe ➤ Session 2: Good Secrets & Bad Secrets ➤ Session 3: Physical Contact ➤ Session 4: Harmful Substances (New for 2020) ➤ Session 5: Can you Help Me? (New for 2020) 	<ul style="list-style-type: none"> ➤ Session 1: Three in One (Updated for 2020) ➤ Session 2: who is My Neighbour? 	<ul style="list-style-type: none"> ➤ Session 1: The Communities we Live In
Yr3	<ul style="list-style-type: none"> ➤ Session 1: Get Up! Or Kester's Adventures ➤ Session 2: The Sacraments 		<ul style="list-style-type: none"> ➤ Session 1: What Am I Feeling? ➤ Session 2: What Am I Looking At? ➤ Session 3: I Am Thankful 		<ul style="list-style-type: none"> ➤ Story Sessions: Jesus, My Friend 	<ul style="list-style-type: none"> ➤ Session 1: Friends, Family & Others ➤ Session 2: When Things Feel Bad 		<ul style="list-style-type: none"> ➤ Session 1: A community of Love (Updated for 2020) ➤ Session 2: What is the Church? 	<ul style="list-style-type: none"> ➤ Session 1: How do I Love Others?

Yr4	<ul style="list-style-type: none"> ➤ Session 1: Get Up! Or Kester's Adventures ➤ Session 2: The Sacraments 	<ul style="list-style-type: none"> ➤ Session 1: We Don't Have to Be the Same ➤ Session 2: Respecting Our Bodies ➤ Session 3: What is Puberty? ➤ Session 4: Changing Bodies 		<ul style="list-style-type: none"> ➤ Session 1: Life Cycles 			<ul style="list-style-type: none"> ➤ Session 1: Sharing Online ➤ Session 2: Chatting Online ➤ Session 3: Safe in my Body ➤ Session 4: Drugs, Alcohol & Tobacco (New for 2020) ➤ Session 5: First Aid Heroes (New for 2020) 		
Yr5					<ul style="list-style-type: none"> ➤ Session 1: Is God Calling You? 	<ul style="list-style-type: none"> ➤ Session 1: Under Pressure ➤ Session 2: Do You Want a Piece of Cake? ➤ Session 3: Self-Talk 	<ul style="list-style-type: none"> ➤ Session 1: Sharing Isn't Always Caring ➤ Session 2: Cyberbullying ➤ Session 3: Types of Abuse ➤ Session 4: Impacted Lifestyles (New for 2020) ➤ Session 5: Making Good Choices (New for 2020) 	<ul style="list-style-type: none"> ➤ Session 1: The Trinity (➤ Session 2: Catholic Social Teaching 	<ul style="list-style-type: none"> ➤ Session 1: Reaching Out
Yr6	<ul style="list-style-type: none"> ➤ Story Sessions: Calming the Storm or Kester's Adventures 	<ul style="list-style-type: none"> ➤ Session 1: Gifts & Talents ➤ Session 2: Girls' Bodies ➤ Session 3: Boys' Bodies ➤ Session 4: Spots & Sleep 	<ul style="list-style-type: none"> ➤ Session 1: Body Image ➤ Session 2: Peculiar Feelings ➤ Session 3: Emotional Changes ➤ Session 4: Seeing Stuff Online 	<ul style="list-style-type: none"> ➤ Session 1: Making Babies (Pt1) ➤ Session 2: Making Babies (Pt2) ➤ Session 3: Menstruation 					