



St William of York Primary School

PE Curriculum



Year Group		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Indoor	Me & Myself	Movement & Development	Throwing & Catching	Ball Skills	Fun & Games	Working with Others
	Outdoor	Me & Myself	Movement & Development	Throwing & Catching	Ball Skills	Fun & Games	Working with Others
Yr1	Indoor	Fitness	Dance	Gymnastics	Fitness	Dance	Gymnastics 2
	Outdoor	Throwing & Catching:	Bat and ball skills:	Invasion Game: Basketball	Tennis	Hockey	Athletics
Yr2	Indoor	Fitness	Dodgeball	Gymnastics	Fitness	Dance	Gymnastics 2
	Outdoor	Invasion Game: Hockey	Tennis	Football	Cricket	Yoga	Athletics





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Yr3	Indoor	Gymnastics	Fitness	Dodgeball	Gymnastics	Fitness	Dance
	Outdoor	Football	Basketball	Orienteering	Tennis	Athletics	Rounders
Yr4	Indoor	Gymnastics	Fitness	Dance	Gymnastics	Fitness	Dance
	Outdoor	Netball	Hockey	Tennis	Platform Cricket	Athletics	Orienteering
Yr5	Indoor	Fitness	Gymnastics 1	Dance	Dance	Gymnastics	Fitness
	Outdoor	Hockey	Dodgeball	Rounders	Tennis	Netball	Athletics





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Year Group		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr6	Indoor	Dance	Gymnastics 1	Fitness	Gymnastics	Dodgeball	Dance
	Outdoor	Hockey	Tennis	Football	Basketball	Yoga	Athletics

