



# St. William of York Catholic Primary School

Brockley Park, Forest Hill, London SE23 1PS

Website: [www.swoy.lewisham.sch.uk](http://www.swoy.lewisham.sch.uk)

Instagram: [@swoyeyfs](https://www.instagram.com/swoyeyfs) and [@swoyschoolse23](https://www.instagram.com/swoyschoolse23)

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Headteacher: Mrs Sharon Lynch Deputy HT: Mrs Hayley Mayers Acting DH: Miss Nikita Ogston



## Weekly Newsletter Friday 28th June 2024

Dear Parents,

Gosh, it has been a hot week in school. Our children have coped amazingly! We are fortunate to now have air conditioning in Yr 3 - Yr 6 classrooms, but it is harder for Yr 2, Yr 1, Reception and Nursery! Our music room becomes very very hot too! It is important to teach our children to stay safe in the sun, and wearing a hat, and sunscreen, on a hot day is basic sun safety! Help us by sending them in with a hat, make sure it has their name on it and it will always come back to them!

We had a great afternoon at The Big Sing, in the Big Top with St Dunstan's and other local school choirs this afternoon (hence the delay in the newsletter). Our choir sang beautifully and did us proud! Thank you to Mrs Shanahan for all of her hard work. There will be no more choir until September now! On Sunday, we have the celebration of Confirmation in the parish. Do join us at 11.30am mass!

Have a good weekend!

Sharon Lynch (Headteacher)

### Non Uniform & Bottle Tombola donations!

Please bring in a bottle of wine, beer, soft drinks etc for the ever popular Bottle Tombola at the Summer Fair! This is in exchange for your child wearing their own clothes for the day! Please make sure they wear sensible shoes, no open toed sandals and their shoulders are covered. No strappy tops/ vest tops or sun dresses please!

### Sunhats and Suncream

Please continue to send your child in to school with a sunhat, and apply suncream before leaving home, even if it is cloudy!



Our playground is south facing so has FULL SUN all day. We have a tiny bit of shade! If your child does not have a hat, they will have to remain in the shade and not be able to run around and play! We want to keep them safe and healthy, avoiding sunburn and overheating!

### Friday Ice Lollies

On sale  
Friday 5th July  
50p each



### SAVE THE DATES!

**Sunday 7th July**

**Summer Fair**

**Wed 10th July**

Rock Steady Concert 9.45am

**Wed 17th July**

Leavers' Play 2pm and 6.30pm

**Thursday 18th July**

Sports Day 11am - 12.30pm

**Friday 19th July**

Circus Skills and Fun Day!

Mrs Lynch's Farewell Picnic 5.00-7.00pm

**Sunday 21st July**

Mrs Lynch's Retirement Mass 11.30am

**Monday 22nd July**

Science day

Yr 6 Leavers' Disco 7-9pm

**Tuesday 23rd July**

Leavers' Mass 10.30am

Term ends at 2pm



### Sunday 7th July

12.30 - 2.30pm

Volunteers needed! Please offer to help - let your SWOYSA class Rep know what you can do!

### Raffle Tickets

With great prizes donated by local businesses. Every child has received a book of Raffle Tickets. Please sell them to family, friends and neighbours and return the ticket stubs and cash to school asap.

# Rainbow Breakfast and After School Club at SWOY



Drop off at 7.30am for Breakfast Club  
Collect at either 4.15pm or 6pm  
for After School Club

Book your place in advance!

Email: [Rainbow\\_ASC@hotmail.co.uk](mailto:Rainbow_ASC@hotmail.co.uk)  
Text or Whatsapp: 0785 477 4096



## Thursday 18th July

at Catford Cyphers Cricket Ground  
Rubens St, SE6 4DH

Your child will need to come into school in their PE kit (shorts and a t-shirt for Reception).

They will also need:

- A packed lunch (no sweets, nuts or chocolates)
- Water
- A sunhat

We will need some parents to walk with us, so let your child's class teacher know if you can help on the day!

We will:

- Leave school at 10.30am
- Walk to Catford Cyphers
- Races from 11.15am
- Lunch at 12.30pm

You may take your child home from the sports ground, or we will return to school at 1.30pm for the afternoon.

## Air Up Bottles

These are NOT suitable for school! Please do not send your child in with them! They are too expensive, a trend and a fad! We should all encourage our children to drink fresh water from the tap!

If your child brings one into school, we will ask them to put it away and we will give them water in a cup, or from the drinking fountain

In a materialistic world, we have to question why spending nearly £30 on a water bottle is teaching our children good values? It creates envy and competition and is unnecessary!



A simple water bottle with a sports cap is all we ask you to provide!

## Follow us on Instagram and Facebook!

Here's the link to our new Facebook page, which will also post insta updates too: <https://www.facebook.com/profile.php?id=61558454106476>  
Instagram: [@swoyeyfs](https://www.instagram.com/swoyeyfs) and [@swoyschoolSE23](https://www.instagram.com/swoyschoolSE23)

Ask family and friends, neighbours and colleagues to follow us too!



## SWOY SUN PROTECTION POLICY

### POLICY RATIONALE

Whilst we recognise that some sun is good for us, over-exposure to Ultraviolet Radiation (UVR) is an important safeguarding issue for schools.

During the warmer months of the year, children are exposed to UVR from the sun, often when penetration is strongest (between 11am and 3pm). Without adequate protection, a child's delicate skin can easily burn, causing cumulative and irreparable damage. This can significantly increase their risk of developing skin cancer in later life.

Skin cancer is the most common cancer in the UK with rates of the disease rising faster than any other cancer. Around 90% of skin cancers are caused by over-exposure to UVR, so it is almost entirely preventable. Sun exposure in the first 15 years of life contributes significantly to a person's lifetime risk of developing skin cancer, highlighting the importance of schools and parents working together to increase knowledge and influence behaviours, ensuring children are protected against UVR and learn how to enjoy the sun safely.

Clothing is one of the most effective barriers between our skin and the sun and should always be considered the first line of defence against UV exposure. Ideally clothing should cover as much skin as possible. Shoulders should always be covered as they can easily burn.

### CLOTHING & SUN HATS | RATIONALE & RECOMMENDATIONS FOR PARENTS

Sun hats provided by parents should be:

- Either broad-brimmed, bucket style or legionnaire to adequately shade the face, neck, ears and cheeks.
- Baseball caps are not recommended because they do not provide shade to the neck, ears or cheeks. Whilst we do not recommend baseball caps, they are still better than no hat at all! However extra care should be taken to protect the neck, ears and cheeks with sunscreen, as these areas can easily burn.

## FREE HOLIDAY FOOD VOUCHERS AND FREE HOLIDAY ACTIVITIES FOR YOUR CHILD!

If you are entitled to Free School Meals and extra support for your child – please do take a moment to check if you are eligible as you will benefit from food shopping vouchers during the holidays and FREE activity camps for your children!

Generally if your combined annual household income is below £16,190 (as assessed by HMRC) and you get one of the named benefits\*, you can apply online. Please visit the website for full details\* and to apply.

<https://lewisham.gov.uk/myservices/education/student-pupil-support/free-school-meals-and-extra-support-for-your-child>

# St William of York School



## Term Dates 2024 – 2025

### Autumn Term:

Wednesday 4<sup>th</sup> September 2024 – Friday 25<sup>th</sup> October 2024

Half Term: Monday 28<sup>th</sup> October – Friday 1<sup>st</sup> November

Monday 4<sup>th</sup> November – Friday 20<sup>th</sup> December 2024

### Spring Term:

Tuesday 7<sup>th</sup> January 2025 – Friday 14<sup>th</sup> February 2025

Half Term: Monday 17<sup>th</sup> February – Friday 21<sup>st</sup> February

Monday 24<sup>th</sup> February – Wednesday 9<sup>th</sup> April 2025

### Summer Term:

Thursday 24<sup>th</sup> April 2025 – Thursday 22<sup>nd</sup> May 2025

INSET Day: Friday 23<sup>rd</sup> May 2025

Half Term: Monday 26<sup>th</sup> May – Friday 30<sup>th</sup> May

Monday 2<sup>nd</sup> June – Friday 18<sup>th</sup> July 2025

### INSET DAYS:

Monday 2<sup>nd</sup> & Tues 4<sup>th</sup> September

Friday 23<sup>rd</sup> May plus 4 x Twilights

### Public holidays

- Christmas Day: Wednesday 25 December 2024
- Boxing Day: Thursday 26 December 2024
- New Year's Day: Wednesday 1 January 2025
- Good Friday: Friday 18 April 2025
- Easter Monday: Monday 21 April 2025
- Early May bank holiday: Monday 5 May 2025
- Spring bank holiday: Monday 26 May 2025
- Summer bank holiday: Monday 25 August 2025

## CATERLINK SURVEY

As your catering provider we value feedback from all stakeholders to help us improve the service we provide to you and your pupils. This term we are completing a **Parent/Guardian survey** on the meal provision we provide.

The survey will close on 31<sup>st</sup> July, we will provide an update to schools which have taken part in the autumn term.

<https://www.surveymonkey.com/r/CN9XYWJ>

Many thanks for your continued support.



## SWOY and the Mental Health Support Team (MHST)

If you are worried about your child, we have access to support from a children's Mental Health professional. Speak to Mrs Mayers, if you would like to know more!



## Absences from school!

If you need to plan an absence from school, authorised absences are agreed for 'exceptional' reasons. This includes family sacramental celebrations - weddings, funerals, baptisms etc. You MUST request an authorised absence in advance by completing the online form:

<https://www.swoy.lewisham.sch.uk/parents/attendance-policy/authorised-absence-request>

## Help your child learn the importance of saving and managing money!

*Save a little each week! Pennies or pounds!*

**CREDIT UNION** for SWOY Children & Families

EVERY FIRST AND LAST TUESDAY in the old library next to Yr 3 classroom. **8.45 - 9am.**

Please follow this link to find out more and how you can apply

<https://pluscu.co.uk/login/uploads/Lewisham~Plus~Young~Savers~v2.6~24-03-2017.pdf>



Online Workshops  
Wednesday 3<sup>rd</sup> July 2024  
Time: 5:30pm - 7:30pm  
**Evening Session** via Zoom

## Autism & Good Sleep

This workshop is aimed at parents/carers of children and young people to sleep educate and offer some ideas and strategies to try to help improve sleep at home

Delivered by Vesna Glavas - Family Support Manager

### **BOOKING ESSENTIAL**

please [CLICK HERE](#) to book a place

alternatively email [nazia@resourcesforautism.org.uk](mailto:nazia@resourcesforautism.org.uk)

Bookings must be in by 12pm the day before this workshop to ensure receipt of confirmation details!!

We will send the zoom log in details the day prior to the workshop  
Look forward to seeing you all!



# St William of York is collecting for our local community & Foodbank!



There will be a collecting point in the playground  
EVERY DAY for the next couple of weeks!

*Please drop a donation in, as you come to school, so that we can help those in our  
community who are struggling in these difficult times!*

## Shopping List

- Tinned meat
- Orange Juice (Long Life)
- Milk (UHT or powdered)
- Tinned vegetables
- Pasta sauces
- Tinned fruit
- Rice pudding
- Tinned soup & Cup-a-Soups
- Pasta and Noodles
- Rice
- Instant coffee
- Tea and Hot Chocolate
- Toiletries & Toilet Rolls
- Instant Mash
- Biscuits or snack bars
- Sanitary products
- Nappies and wipes



# THANK YOU!

## NANNY SHARE!

We are looking for a new family to join our nanny share  
from early September 2024 for 4 days a week (Monday - Thursday)  
Our current nanny is incredible and has been with us since 2020.  
We have 2 children - one in Reception at SWOY and one who is 2yrs old.



Our nanny is incredibly experienced in looking after children and we couldn't speak more  
highly about her.

If you're interested in learning more, please contact Hattie on 07739013958.



# Summer Camps August '24



Perform your own show!

Sing



Different every week!

Dance



Act



Create

£80  
for 3 days!

Tue - Thur 20-22 August

Tue - Thur 27-29 August

9am - 3pm @ The Arkroyd Centre SE23

misshdoyle@hotmail.co.uk / 07714 716 209

Age  
7-13



## Where children are stars...

Welcome to Hayley's Comet - a unique theatre school that has found its home in South East London. Founded by Hayley Doyle - West End musical theatre actor and published author - the 'Comets' are all trained in singing, dancing and acting... with a twist!

Creativity leads the way! All performances are created from scratch using the amazing ideas from the children taking part. From after-school musical theatre classes, to half term clubs and big holiday camps, you will never see the same show twice! We use songs ranging from Broadway to the Beatles to Bowie!

Hayley's Comet believes in individuality and embraces the unique qualities of every child, whilst encouraging team work, theatre discipline and... FUN!

### What parents say...

"You gave my child an opportunity to shine!"

"It's making the world of difference to my daughter's confidence!"

"Hayley's Comet isn't just about learning to sing and dance. It's about learning lifelong skills like cooperation, public speaking and building confidence."

misshdoyle@hotmail.co.uk / 07714 716 209

## OPEN TRIALS U12 Girls Teams 2024/25!

Our AFC Lewisham & Erith & Belvedere teams are looking to strengthen their squads for season 2024/25.  
Current School Year 5 or 6 girls are eligible!

Goalkeeper - JPL & KGLFL

Striker - JPL & KGLFL

Defender - JPL

Register your interest at:  
[yemi.bello@hotmail.com](mailto:yemi.bello@hotmail.com) & 07961 852271



In Nursery, Reception, Yr 1 and Yr 2, we are provided with fruit as a break time snack. Sadly, the funding is not there for this to continue into Key Stage 2. So, we encourage children to bring in their own fruit snack for playtime. This should be **FRESH fruit**, and should not be a packet of 'fruit snacks'.

These and most other fruit snacks are made of mostly sugars (whether from corn syrup or concentrated fruit juice), modified cornstarch, artificial flavors, and artificial color/food dyes. In fact, if you compare ingredients lists, fruit snacks look much closer to sweets! We will ask children to put these away, and take them home if they are brought into school.

## Cool Milk

You can register for your child to receive milk each day in school. It is relatively cheap and easy to do! Check out the website and register by following this link!  
<https://www.coolmilk.com/>



Drinking water is always available in school, but please send your child with a FULL water bottle each day. The bottle MUST have a sports cap, so please do not send in screw top bottles as spillages can spoil work and cause a mess!