



# St. William of York Catholic Primary School

Brockley Park, Forest Hill, London SE23 1PS

Website: [www.swoy.lewisham.sch.uk](http://www.swoy.lewisham.sch.uk)

Tel: 020 8690 2842 School Mobile: 07934 273144

Email: [info@swoy.lewisham.sch.uk](mailto:info@swoy.lewisham.sch.uk)

Headteacher: Mrs Sharon Lynch Deputy HT: Mrs Hayley Mayers

## Weekly Newsletter Friday 17th September 2021

Dear Parents,

We are all settling into routines at school, and we are grateful to all of those parents who joined the 'Meet the Teacher' meetings last Monday. It is important that you support your child's learning with reading every day (all the way up to Yr 6), helping them to learn their spellings, number bonds and times tables. Your routine at home, in the evening, with a regular bedtime and limited screen time will mean that they get a good night's sleep and are ready for a busy day at school.

Best Wishes

Sharon Lynch (Headteacher)

### Important Covid Update

We have had a number of children this week who have had Covid 19 symptoms and had a positive PCR. In addition, some children have had NO symptoms. As a result, we are implementing our Covid Outbreak Management Plan. This means we will revert to some of our pre- summer procedures, including adults wearing masks, no assemblies and reducing contact. Please wear a mask at drop off and pick up. We will notify parents if someone in your child's class tests positive on a PCR test. It is wise to await the outcome of a PCR, even if a child tests positive on an LFD. Please remember that a Lateral Flow Test is NOT designed for under 12's and does NOT replace a PCR test, at a Test Centre (<https://www.gov.uk/get-coronavirus-test>), if your child has symptoms of Covid 19. If you do not want to get a PCR test, your child will have to self isolate, at home, for 10 days. Whilst the 3 main symptoms (however mild) continue to be:

a high temperature

- a new, continuous cough
- a loss or change to your sense of smell or taste

...the Zoe app has found that children may experience a headache, sore throat, fatigue, temperature and loss of appetite. Please do not be complacent and book a test to keep us all safe and healthy!

(<https://covid.joinzoe.com/post/back-to-school>)

School Mobile Number: **07934 273144** Please ring and leave a message out of school hours if your child tests positive for Covid 19. We will get back to you asap.

## St William of York School Association

(known as SWOYSA)

### ANNUAL GENERAL MEETING

**Wednesday 29th September at 7.30pm via ZOOM!**

At the AGM we discuss all aspects of SWOYSA's achievements over the previous year, including financials, targets and aspirations. Part of the process of the AGM is also to choose which SWOYSA members will be elected to be committee members. Committee members are the active board of the association and in conjunction with the school perform all of the planning activities associated with SWOYSA.

## SWOYSA Committee 2021 - 2022

If you would like to nominate yourself for any of the positions on the committee, (or nominate someone else for a role, with their permission) please email the information, indicating the role of choice. You will require another member to second your application. If you would like an informal chat about any of the roles, please email or speak to any of the current Committee members. We need lots of help and support so do get involved!

Gail Lohan (SWOYSA Secretary) swoysa1@gmail.com

## **Covid Advice and Guidance for Schools**

**When an individual develops COVID-19 symptoms or has a positive test:** Pupils, staff and other adults should follow public health advice on [when to self-isolate and what to do](#). They should not come into school if they have symptoms, have had a positive test result or other reasons requiring them to stay at home due to the risk of them passing on COVID-19 (for example, they are required to quarantine).

If anyone in school develops [COVID-19 symptoms](#), however mild, they should stay at home and they should follow public health advice. |

If you do not get a PCR test for your child, your child will have to self isolate at home for 10 days, from the onset of symptoms.

If you, or your child, tests positive on a Lateral Flow Device, you must book a PCR at a Test Centre as soon as possible, and self isolate whilst you await the outcome of the test.

Other members of your family do not need to self isolate, unless they also have symptoms (if so, they should also get a PCR test).

## **Contact Tracing**

The school no longer has a role in tracing close contacts of positive Covid19 cases. NHS Test and Trace will work with any positive case and/or their parent to identify close contacts.

Contacts from a school setting will only be traced by **NHS Test and Trace** where the positive case and/or their parent specifically identifies the individual as being a close contact.

## Dates for your Diary!

Fri 24th Sept	Welcome Assembly (Yr 6 & Rec parents only)
Thurs 7th Oct	World Poetry Day
Fri 8th Oct	Harvest Assembly
Mon 18th Oct	Parents' Evening
Thurs 21st Oct	Parents' Evening

Mon 25th - Fri 29th October                      Half Term Break

Thurs 4th Nov	Flu immunisations
Tues 21st Dec	Last Day of Term ends at 2pm

Thurs 6th Jan                      First Day of Spring Term

## First Aid at SWOY

Many of our staff are trained First Aiders, and will look after your child if they fall over, or hurt themselves at school. We keep First Aid records of all cuts, grazes and bumped heads! We now will text you if your child has had a bumped head, but not for all minor accidents. We do not send notes home. There are often minor accidents, and a common hazard of children running around the playground. A bumped head will always be treated with an ice pack, and your child will be monitored for any adverse reaction. We ask that you continue to monitor them when they arrive home.

## Packed Lunch Guidance and Advice

If your child has a Packed Lunch, we have a few rules and expectations. We ask parents to follow them and support us!

- No nuts or seeds
- No sesame including houmous!
- No sweets or chocolate
- Avoid crisps (no more than once a week)
- Include fruit and vegetables
- No fruit juices only water
- Lunch needs to be a balanced diet with Protein, Carbs and Fruit!
- Include a sandwich, wrap or roll!

## **Training for new Altar Servers, Saturday 2nd October, 2pm.**

We will be running a training session for children who would like to start serving at Sunday Mass on Saturday 2nd October, 2pm, in church. This is for children in Year 5 and above who have celebrated their First Eucharist. If you would like to come along, please let us know in advance by emailing us at [swoy.altarserving@gmail.com](mailto:swoy.altarserving@gmail.com). We will have limited spaces but will run a second session if we have lots of interest! If you can't come to this session, let us know and we will try to arrange another time.

## **Music at SWOY**

One of the many strengths of our SWOY school curriculum is the wide range of music we offer to our pupils. We have really missed this during the Covid restrictions!

Next week, we will restart many of our additional music programmes and we are delighted that SWOYSA has agreed to fund some additional instrumental teaching to make up for lost time!

Many of our former students have started their musical journey at SWOY and can be seen in church, and local youth orchestras playing brass, or the violin, or the piano and have gone on to university to study music! So, do remember that the journey has to begin somewhere, it may not be perfect straight away but with practice, we can create musicians of the future!

The Music timetable is:

Monday	Violin - small group lessons for Yr 4 - 6
Tuesday	Whole Class Music lessons with Mrs Shanahan
Wednesday	RockSteady Music school
Friday	Djembe Recorder - Yr 4 Brass - Yr 4

Through the year, all classes will have a sequence of Djembe lessons. Djembe is brilliant for developing rhythm and listening skills, teamwork and collaboration.

RockSteady is in year group bubbles and places can be booked directly with RockSteady according to availability in each band <https://www.rocksteadymusicschool.com/contact/>

Brass and recorder are part of the [Lewisham Music](#) Tune Up programme, which gives every child the opportunity to learn a musical instrument. The children will have whole class lessons and can opt to have additional small group lessons after half term. We will swap year groups half way through the year to Yr 3 for Recorder and Yr 4 for brass.

Mrs Shanahan's music lessons support the wider curriculum and children will learn about music from different cultures and eras. They will learn to compose and perform using a wide range of percussion instruments. We also love to sing!

## **Philosophy at SWOY**

We work in partnership with [The Philosophy Foundation](#), and throughout the year, all classes will work with our resident Philosopher, Tim Beardmore-Gray, and explore a range of themes to develop their thinking, questioning and enquiry skills.

# School Street News!

*Join SWOY's School Street Warden team!*

*SWOY is part of Lewisham's School Street project to keep us all safe going in and out of school, while improving the air quality for everyone outside the school gates.*

*Its aim is to encourage families to walk, cycle or use public transport to go to school and school street wardens help make the opened space work for the whole community.*



*School Street always needs new Volunteers for the drop off and pick up shifts. Can you help?*

*If you can spare 45 min to make a difference, please contact Inma (Y6 mum) on 07733 179629 and we'll add you to the SWOY Street Wardens' group. Thanks*

## Lewisham Air Quality Plan

Lewisham Council has launched a consultation on its draft Air Quality Action Plan, outlining how the council and its partners aim to improve air quality in the borough over the next five years.

Air pollution can have a detrimental effect on people's health, especially our most vulnerable citizens; children, the elderly and people with existing health conditions.

We want to hear from residents as well as people who work in and visit the borough.

You can [read the draft Air Quality Action Plan, as well as a summary of key features, and complete the consultation on our website](#). The consultation closes on 28 September 2021.

# Help us to help your child!

## APPLY FOR FREE SCHOOL MEALS!

Is your child in Yr 3 or above?

**Have your circumstances changed?**



Check to see if you are eligible for Free School Meals / Pupil Premium at [www.fsm.lgfl.net](http://www.fsm.lgfl.net)

Then apply online:

<https://lewisham.gov.uk/myserVICES/education/student-pupil-support/free-sc-hool-meals-and-extra-support-for-your-child>

**Help us to help your children!**

Please then let Mrs Casey know if you are eligible  
([admin@swoy.lewisham.sch.uk](mailto:admin@swoy.lewisham.sch.uk))

**PLEASE APPLY NOW!**

## Acorn Breakfast & After School Club

**Ackroyd Community Centre, Ackroyd Road, SE23 1DL**

Breakfast Club from 7.30am After School Club

Pick up from SWOY until 6pm.

Range of activities and a hot meal.

[www.acornclub.co.uk](http://www.acornclub.co.uk)

Email: [acornasc@gmail.com](mailto:acornasc@gmail.com)

## Rainbow After School Club

[www.facebook.com/rainbowafterschoolclubforesthill](https://www.facebook.com/rainbowafterschoolclubforesthill)

Reception to Yr 6

Pick up from SWOY and walk to Rockbourne Youth Club, Rockbourne Road SE23 2DA

End of school til 6pm

Fully registered. Established since 1991

**Phone 07854 774096 for more information.**



## Rainbow After School Club

# After school activity clubs

## September 2021

Rainbow will be offering after school activities at the club. These clubs will be exclusively for children at SWOY.

- Children will be collected from school and walked back to the club by our staff.
- The activity clubs run from 3.30 – 4.30.
- There will be limited places per club on a first booked basis.
- Clubs are £5 per child.
- Clubs are booked and paid for per half term. (No refunds for unattended sessions)
- Please see the activity timetable for clubs being offered.
- Clubs can be booked by emailing [rainbow.asc@hotmail.co.uk](mailto:rainbow.asc@hotmail.co.uk)

Rockbourne Youth Club  
41a, Rockbourne Road,

Mobile: 07854 774096  
[rainbow.asc@hotmail.co.uk](mailto:rainbow.asc@hotmail.co.uk)

Activity Timetable    £5 per child    3.15 - 4.30pm  
Starting w/c 13th September 2021  
Email [rainbow.asc@hotmail.co.uk](mailto:rainbow.asc@hotmail.co.uk) to book!

<b>Monday</b>	KS1 Art	KS2 Art	KS2 Multisports
<b>Tuesday</b>	KS2 Kids' Cook	KS1 Games	KS1 Multisports
<b>Wednesday</b>	KS1 Kids' Cook	KS2 Fitness	KS2 Hobbycraft
<b>Thursday</b>	KS1 Hobbycraft	KS2 Football	

## FOODBANK DONATIONS



**Every Wednesday 10-2pm  
or drop your donation off as you arrive at  
school!**

Donations can be left in the large trunk which will be outside during the day by the back door to the hall.

Please consider adding a couple of extra items to your shopping bag and help those in need in our community. Thank you.

This week, the need is for everything! ....and carrier bags!

## HELP AND ADVICE FROM LEWISHAM LOCAL

How to request help and signposting to other services  
Community Connections Lewisham  
(0330 058 3464 Mon-Friday 9.30am-4pm)  
provide signposting to local services & support including  
practical assistance, food shopping slots online.



CLICK ON THE LINKS FOR MORE INFORMATION

[Lewisham Community Meals and Foodbank provision during Covid-19 | Lewisham Local](#)

[Printable-leaflet-where-to-get-free-food-November-2020-Lewisham-Local-6.pdf](#)

## **KKAcademy Karate Club**

Get fit, build self-confidence and meet new friends.  
Gain self-discipline, motivation and a love for exercise.

Thursdays: 6:00pm – 7:00pm & Saturdays: 8:30am – 9:30am

Karate Classes held at:  
Glass Mill Leisure Centre  
41 Loampit Vale  
London SE13 7FT

If you would like to know more please call Daniel on: 07469713558  
or Tony on 07903277555. OSU!



## JOIN OUR PARISH CHURCH FOR MASS

Saturday 6pm Mass <https://saturday-mass6pm.eventbrite.co.uk>

9.15am Mass <https://sunday-mass915.eventbrite.co.uk>

Sunday 11.30am Mass <https://sunday-mass1130.eventbrite.co.uk>

The Booking system will close on Friday at midnight.

## BAPTISM PREPARATION



All who wish their children to be baptised at St. William of York, please contact the parish office or Father Habte to complete the Baptism form.

All parents who want their child baptised need to attend a Baptism preparation class.

Email: [foresthill@rcaos.org.uk](mailto:foresthill@rcaos.org.uk) for more information

## MHST Wellbeing Support Line

Telephone support service where you will be able to speak to a practitioner for wellbeing advice, support and resources for your child. (This is not for any urgent mental health concerns).

You email us: [lewishammhst@slam.nhs.uk](mailto:lewishammhst@slam.nhs.uk)

Please tell us:

- The school your child (ren) attends
- A contact phone number
- What you would like advice or support with (for your child)



**We will call you back!**